

Nervous Dog Bingo – Picture Explanations

Tip: Tape these explanations on the back of the large pictures, so your counselor can see them while showing the group the large picture.



Slight Cowering

- Dog is trying to be smaller as not to be seen by something scary
- Ears back, tail low, slouching
- “I’m not here”



Panting when not hot or thirsty

- Dog is getting stress out by panting
- Eyes are wide a nervous looking
- “I’m anxious or stressed”
- “I would like something else to happen”



Licking Lips when no food nearby

- Dog is nervous and trying to appease/calm a threat
- Ears are to the side
- Tail is low
- “I’m uncomfortable, please back off”



Moving in Slow Motion walking slow on floor

- Dog is unsure about moving toward something
- Ears are to the side
- Paw lifted
- “I’m not sure that I want to go over there, it seems scary”



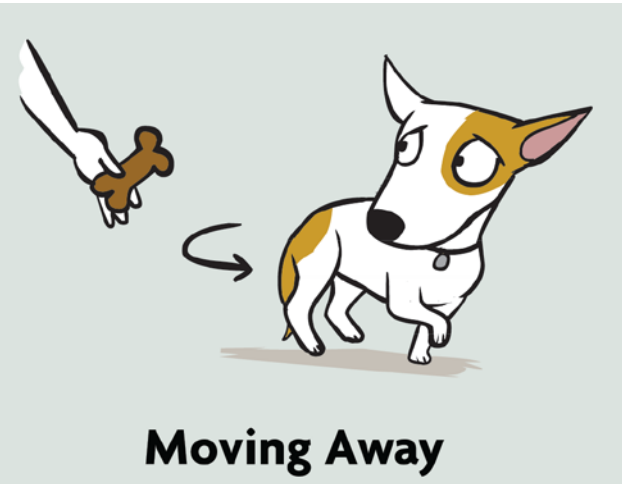
Brows Furrowed, Ears to Side

- Dog is worried or frightened
- “I’m scared and don’t like what’s happening”



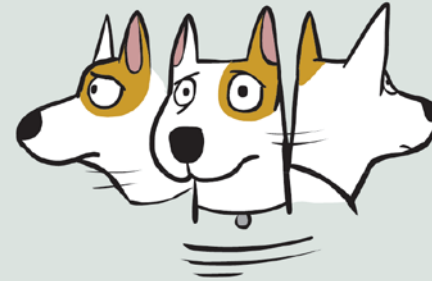
Major Cowering

- Dog is trying not to be seen
- Ears pinned back, tail between legs, slouched posture
- “I’m not here, do not come near me, stay back!”



Moving Away

- Dog is trying to escape the threat
- Ears to the side, paw raised, facing away, moving away, small body
- “That is scaring me; I’m going over here instead.”



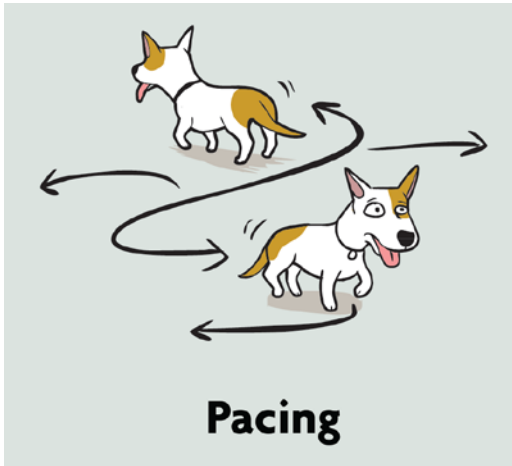
Hypervigilant looking in many directions

- Dog is anxious
- Eyes and head moving left to right
- “What are we doing? I don’t like this! Where is something that will make me feel good?”



Acting Sleepy or Yawning when they shouldn’t be tired

- Dog is anxious
- Yawning repeatedly
- “I’m nervous and anxious, and would like to do something else”



- Dog is anxious
- Walking back and forth, panting, paw lift
- "What are we doing? I don't like this! Where is something that will make me feel good?"



- Dog is nervous
- Looking away from food, whale eye, ears out, tail tucked
- "I'm too nervous that I can't eat that"